

At **LOTUS**, we believe that when Radiology and Cardiology tests are done along with Pathology tests, they are more beneficial and help screen for a number of conditions in the human body, many of which can have a huge positive impact on your health if detected early enough.

Presenting, **PLUS Health Check-Up Packages**, carefully designed to offer you the combined goodness and accuracy of **Pathology, Radiology, Cardiology** and **other examinations**.

## PLUS Health Check-up Packages - General:

### Health PLUS Copper\*

**ANEMIA:** CBC | **DIABETES:** FBS | **LUNGS:** Chest X-Ray | **HEART:** Lipid Profile, ECG  
**LIVER:** SGPT | **KIDNEYS:** Creatinine, eGFR, Urine Routine | **BONE & JOINTS:** Uric Acid

\*10-12 hours of fasting required.

**68 Pathology Tests +  
2 Body Imaging & Examinations** ₹1,299/-

### Health PLUS Bronze\*

**ANEMIA:** CBC | **GENERAL:** ESR | **DIABETES:** FBS, Glyco-Hb | **LUNGS:** Chest X-Ray  
**HEART:** Lipid Profile, ECG | **LIVER:** SGPT, SGOT | **KIDNEYS:** BUN, Urea, Creatinine, eGFR,  
Urine Routine | **BONE & JOINTS:** Uric Acid

\*10-12 hours of fasting required.

**74 Pathology Tests +  
2 Body Imaging & Examinations** ₹2,299/-

### Health PLUS Silver\*

**ANEMIA:** CBC | **GENERAL:** ESR | **DIABETES:** FBS, Glyco-Hb | **LUNGS:** Chest X-Ray  
**HEART:** Lipid Profile, ECG, TMT/Stress Test | **LIVER:** SGPT, SGOT, Total Proteins  
**KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine  
**ABDOMEN:** USG Whole Abdomen | **BONE & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorous  
**THYROID:** FT3, FT4 TSH | **VITAMINS:** Vit B12

\*10-12 hours of fasting required.

**88 Pathology Tests +  
3 Body Imaging & Examinations** ₹5,099/-

### Health PLUS Platinum\*

**ANEMIA:** CBC, Iron Studies including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESR | **DIABETES:** FBS, PPBS, Glyco-Hb | **LUNGS:** Chest X-Ray | **HEART:** Lipid Profile,  
Homocysteine, hs-CRP, Apo A1/B, Lp(a), CPK, LDH, ECG, TMT/Stress Test  
**LIVER:** Bilirubin, SGPT, SGOT, GGT, Total Proteins, Albumin, Globulin, A:G ratio, Alk Phos  
**KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine  
**INTESTINES:** Stool Routine | **ABDOMEN:** USG Whole Abdomen | **BONES & JOINTS:** Uric Acid,  
Calcium, Vit D, Phosphorous | **THYROID:** FT3, FT4 TSH | **VITAMINS:** Vit B12  
**HORMONES:** FSH, LH, Prolactin, Estradiol, AMH  
**CANCER:** CA 125, CEA, PAP Smear

\*10-12 hours of fasting required.

**135 Pathology Tests +  
8 Body Imaging & Examinations** ₹10,099/-

### Health PLUS Couple\*

**ANEMIA:** CBCx2, Iron Studiesx2 including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESRx2 | **DIABETES:** FBSx2, PPBSx2, Glyco-Hbx2 | **LUNGS:** Chest X-Rayx2  
**HEART:** Lipid Profilex2, Homocysteinex2, hs-CRPx2, CPKx2, LDHx2, ECGx2, TMT/Stress Testx2,  
2D Echox2 | **LIVER:** Bilirubinx2, SGPTx2, SGOTx2, GGTx2, Total Proteinsx2, Albuminx2,  
Globulinx2, A:G Ratiox2, Alk Phosx2 | **KIDNEYS:** BUNx2, Ureax2, Creatininex2, eGFRx2,  
Sodiumx2, Potassiumx2, Chloridex2, Urine Routinex2 | **INTESTINES:** Stool Routinex2  
**ABDOMEN:** USG Whole Abdomenx2 | **BONE & JOINTS:** Uric Acidx2, Calciumx2, Vit Dx2,  
Phosphorousx2, BMDx2 | **THYROID:** FT3x2, FT4x2, TSHx2 | **VITAMINS:** Vit B12x2  
**HORMONES:** Estradiol for her & Testosterone for him  
**CANCER:** PAP Smear, Mammogram for her

\*10-12 hours of fasting required.

**248 Pathology Tests +  
14 Body Imaging & Examinations** ₹19,999/-



# DR. AGRAWAL

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## DR. NITIN AGRAWAL

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## Health Check-up Packages - General:

Curated to help you monitor your health & make lifestyle choices towards fitness and good health.

### Health Silver\*

**ANEMIA:** CBC | **GENERAL:** ESR | **DIABETES:** FBS, Glyco-Hb | **HEART:** Lipid Profile  
**LIVER:** SGPT, SGOT, Total Proteins | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine | **BONE & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorous  
**THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12

\*10-12 hours of fasting required.

88 Pathology Tests ₹3,599/-

### Health Platinum\*

**ANEMIA:** CBC, Iron Studies including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESR | **DIABETES:** FBS, PPBS, Glyco-Hb | **HEART:** Lipid Profile, Homocysteine, hs-CRP, Apo A1/B, Lp(a), CPK, LDH | **LIVER:** Bilirubin, SGPT, SGOT, GGT, Total Proteins, Albumin, Globulin, A:G Ratio, Alk Phos | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine | **INTESTINES:** Stool Routine | **BONE & JOINTS:** Uric Acid, Calcium, Phosphorous, Vit D | **THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12 | **HORMONES:** Estradiol, FSH, LH, Prolactin, AMH | **CANCER:** CA 125, CEA

\*10-12 hours of fasting required.

135 Pathology Tests ₹9,499/-

### Health Couple\*

**ANEMIA:** CBCx2, Iron Studiesx2 including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESRx2 | **DIABETES:** FBSx2, PPBSx2, Glyco-Hbx2 | **HEART:** Lipid Profilex2, Homocysteinex2, hs-CRPx2, CPKx2, LDHx2 | **LIVER:** Bilirubinx2, SGPTx2, SGOTx2, GGTx2, Total Proteinsx2, Albuminx2, Globulinx2, A:G ratiox2, Alk Phosx2 | **KIDNEYS:** BUNx2, Ureax2, Creatininex2, eGFRx2, Sodiumx2, Potassiumx2, Chloridex2, Urine Routinex2  
**INTESTINES:** Stool Routinex2 | **BONE & JOINTS:** Uric Acidx2, Calciumx2, Vit Dx2, Phosphorousx2 | **THYROID:** FT3x2, FT4x2, TSHx2 | **VITAMINS:** Vit B12x2  
**HORMONES:** Estradiol for her & Testosterone for him

\*10-12 hours of fasting required.

248 Pathology Tests ₹9,999/-

## ProSelf Anytime Health Check-up Packages:

Our **Anytime Health Check-Up Packages** are curated so you can do a basic health check-up anytime, anywhere! Wonder how? That's because these health check-up packages **do not need you to be fasting!**

### Health Anytime\*

**ANEMIA:** CBC | **DIABETES:** Glyco-Hb | **HEART:** Cholesterol | **LIVER:** SGPT, SGOT, GGT  
**KIDNEYS:** Creatinine, eGFR, Urine Routine | **BONE & JOINTS:** Uric Acid, Calcium, Vit D  
**THYROID:** TSH

\*No fasting required.

67 Pathology Tests ₹1,699/-

### Health Anytime Plus\*

**ANEMIA:** CBC | **DIABETES:** Glyco-Hb | **HEART:** Cholesterol | **LIVER:** Bilirubin, SGPT, SGOT, GGT, Total Proteins, Albumin, Globulin, A:G Ratio, Alk Phos | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine | **BONE & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorus | **THYROID:** TSH | **VITAMINS:** Vit B12

\*No fasting required.

82 Pathology Tests ₹2,499/-

## Health Check-up Packages - Specific to your Age & Gender:

As you age, your body undergoes many internal and external changes. The following packages are designed carefully to suit the health check-up needs specific to your age and gender.

### Health Gold 20s\*

**ANEMIA:** CBC | **GENERAL:** ESR | **DIABETES:** FBS, Glyco-Hb | **HEART:** Lipid Profile  
**LIVER:** SGPT, SGOT | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Urine Routine  
**BONE & JOINTS:** Uric Acid | **THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12

\*Recommended for those in their 20s.  
10-12 hours of fasting required.

78 Pathology Tests ₹2,699/-

### Health Gold 30s\*

**ANEMIA:** CBC | **GENERAL:** ESR | **DIABETES:** FBS, Glyco-Hb | **HEART:** Lipid Profile  
**LIVER:** SGPT, SGOT, Total Proteins | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine | **BONE & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorous  
**THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12

\*Recommended for those in their 30s.  
10-12 hours of fasting required.

88 Pathology Tests ₹3,699/-

### Health Gold 40s\*

**ANEMIA:** CBC, Iron Studies including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESR | **DIABETES:** FBS, Glyco-Hb | **HEART:** Lipid Profile, Homocysteine, hs-CRP  
**LIVER:** Bilirubin, SGPT, SGOT, GGT, Total Proteins, Albumin, Globulin, A:G Ratio, Alk Phos  
**KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine  
**INTESTINES:** Stool Routine | **BONE & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorous  
**THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12

\*Recommended for those in their 40s.  
10-12 hours of fasting required.

120 Pathology Tests ₹4,699/-

### Health Gold 40s\*

**ANEMIA:** CBC, Iron Studies including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESR | **DIABETES:** FBS, PPBS, Glyco-Hb | **HEART:** Lipid Profile, Homocysteine, hs-CRP, CPK, LDH | **LIVER:** Bilirubin, SGPT, SGOT, GGT, Total Proteins, Albumin, Globulin, A:G Ratio, Alk Phos | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine  
**INTESTINES:** Stool Routine | **BONE & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorous  
**THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12 | **HORMONES:** Estradiol

\*Recommended for those in their 50s.  
10-12 hours of fasting required.

124 Pathology Tests ₹5,499/-

### Health Gold Sr. Citizen (<60)\*

**ANEMIA:** CBC, Iron Studies including UIBC, TIBC, Transferrin, Transferrin Saturation, Ferritin  
**GENERAL:** ESR, Magnesium | **DIABETES:** FBS, PPBS, Glyco-Hb | **HEART:** Lipid Profile, Homocysteine, hs-CRP, Lp(a), CPK, LDH | **LIVER:** Bilirubin, SGPT, SGOT, GGT, Total Proteins, Albumin, Globulin, A:G ratio, Alk Phos | **KIDNEYS:** BUN, Urea, Creatinine, eGFR, Sodium, Potassium, Chloride, Urine Routine | **INTESTINES:** Stool Routine | **BONES & JOINTS:** Uric Acid, Calcium, Vit D, Phosphorous | **THYROID:** FT3, FT4, TSH | **VITAMINS:** Vit B12  
**HORMONES:** Estradiol

\*Recommended for those above 60 yrs.  
10-12 hours of fasting required.

126 Pathology Tests ₹6,499/-